

At a Glance Guide to Cost of Living Support 2022/ 24
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Name of payment	How much? (all are grants)	Who is eligible?	When and how?
Energy Bills Support Scheme	£400 per household	Households with a domestic electricity meter (most households).	Via energy suppliers over 6 months from October 2022. Direct debit and credit customers- money credited to their account. Pre-payment meter customers- provided with redeemable vouchers or Special Action Messages (SAMs) from the first week of each month, issued via SMS text, email or post. (note!) customers will need to take action to redeem these at their usual top-up point. Not continuing from April 2023.
+ Pensioner Cost of Living Payment	£300 per household	Must be over State Pension age (aged 66 or above) between 19 – 25/9/2022 and be receiving the Winter Fuel Payment. (8 million pensioners) Qualifying date for 2023 payments to be confirmed. 11 million pensioners).	Automatically as a top-up to their annual Winter Fuel Payment in November/ December 2022. For most pensioner households, this will be paid by direct debit. A further payment of £300 due in 2023/24 in Winter 2023.
+ Cost of Living Payment	2023- £900 Per household (paid in 3 instalments of £301, £300 and £299) 2022- £650 per household (paid instalments of £326 and £324)	Households on certain means tested benefits as in the month on or before 25/2/2023 for the first instalment and 17/9/2023 for the second instalment- The final qualifying date for the 2024 payment to be confirmed. For 2022- 25/5/2022 for the first instalment, (the month on or before	2023/24- £900 additional payment due in 2023/24, payable in three instalments- Spring 2023-£301- to be made between 25/4/2023- 17/5/ 2023, Autumn 2023- £300- to be made between 31/10/2023- 19/11/ 2023 Spring 2024- £299. 2022- Automatically paid by the DWP in 2 instalments , the first between 14/7/2022 – 31/7/2022 and the second between 8/11/2022- 23/11/2022. HMRC will pay a little after this to avoid duplicate payments.

25/9/2022 for the second instalment) -

Universal Credit or 5 Legacy Benefits(JSA(IB), ESA(IR)/ IS/ WTC/ CTC) or Pension Credit (8 million households).

+ Disability Cost of Living Payment

£150 per claimant

Claimants on DLA/ PIP/ AA/ Scottish Disability Benefits/ Armed Forces Independence Payment/ Constant Attendance Allowance/ War Pension Mobility Supplement at 2023 payments – 1/4/2023. 2022 payments- 25/5/2022. (6 million claimants).

2023/24 payment to be issued automatically between 20 June and 4 July 2023.

In 2022, this was sent automatically in September 2022.

+ Council Tax Rebate

£150 per household

For households in England in Council Tax bands A-D. (most households)

Those who pay Council Tax by direct debit will be paid automatically into their bank accounts from April 2022. Those who do not pay by direct debit will be contacted by their council and invited to make a claim. Not continuing from April 2023.

+ Household Support Fund payments

Variable amounts- discretionary

An extra £500 million of local support, via the Household Support Fund, will be extended from this October to March 2023. In Wales, the fund includes a £200 payment to those on universal credit, legacy means-tested benefit and working tax credits ...but also

Contact Local Authority for details and how to apply. The fund will continue in 2023/24 with a budget of £1 billion.

those on child tax credits, pension credits, disability benefits, carers allowance, contributory benefits and those receiving help from the Council Tax Reduction Scheme.'

+
**Warm
Home
Discount**

£150 per household

Either- get the Guarantee Credit element of Pension Credit or on a low income-check with your supplier

A one-off discount of the electricity bill, between October and March.

Want to help clients get their entitlement to the £billions per year of Welfare Benefits that are unclaimed?

Consider our courses at – www.socialwelfaretraining.co.uk

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