

At a Glance Guide to Cost of Living Support 2022
www.socialwelfaretraining.co.uk



Name of payment	How much? (all are grants)	Who is eligible?	When and how?
Energy Bills Support Scheme	£400 per household	Households with a domestic electricity meter(all households).	Via energy suppliers over 6 months from October 2022. Direct debit and credit customers- money credited to their account. Pre-payment meter customers- provided with redeemable vouchers or Special Action Messages (SAMs) from the first week of each month, issued via SMS text, email or post. Customers will need to take action to redeem these at their usual top-up point (note!) customers will need to take action to redeem these at their usual top-up point
+ Pensioner Cost of Living Payment	£300 per household	Must be over State Pension age (aged 66 or above) between 19 – 25/9/2022 and be receiving the Winter Fuel Payment. (8 million pensioners)	Automatically as a top-up to their annual Winter Fuel Payment in November/ December 2022. For most pensioner households, this will be paid by direct debit.
+ Cost of Living Payment	£650 per household (paid in 2 instalments of £326 and £324)	Households on certain means tested benefits as at 25/5/2022 for the first instalment, (another entitlement date for the second instalment will be announced)- Universal Credit or 5 Legacy Benefits(JSA(IB), ESA(IR)/ IS/ WTC/ CTC) or Pension Credit (8 million households)	Automatically paid by the DWP in 2 instalments , the first in July 2022 and the second in Autumn 2022. HMRC will pay a little after this to avoid duplicate payments.
+ Disability Cost of	£150 per claimant	Claimants on DLA/ PIP/ AA/ Scottish Disability Benefits/ Armed Forces Independence Payment/	Automatically in September 2022.

Living Payment

Constant Attendance Allowance/ War Pension Mobility Supplement at 25/5/2022 (6 million claimants)

+ Council Tax Rebate

£150 per household

For households in England in Council Tax bands A-D. (most households)

Those who pay Council Tax by direct debit will be paid automatically into their bank accounts from April 2022. Those who do not pay by direct debit will be contacted by their council and invited to make a claim.

+ Household Support Fund payments

Variable amounts-discretionary

An extra £500 million of local support, via the Household Support Fund, will be extended from this October to March 2023. In Wales, the fund includes a £200 payment to those on universal credit, legacy means-tested benefit and working tax credits ...but also those on child tax credits, pension credits, disability benefits, carers allowance, contributory benefits and those receiving help from the Council Tax Reduction Scheme.'

Contact Local Authority for details and how to apply.

Want to help clients get their entitlement to the £billions per year of Welfare Benefits that are unclaimed?

Consider our courses –
Benefit Updater Cost of Living Crisis 2022 2023
Introduction to Welfare Benefits 2022
And other Benefit Courses

www.socialwelfaretraining.co.uk

revised 31 8 2022

www.socialwelfaretraining.co.uk

Social Welfare Training Limited© June 2022

Disclaimer— This guide is meant as a memory aid and is not a detailed statement of changes in Social Security rules. Social Welfare Training Limited has tried to ensure that the information in this guide is accurate. However, we will not accept liability for any loss, damage or inconvenience arising as a consequence of any use of information. Please ensure that you get advice from your local advice agency/ other source of Social Security Legal Advice.

**SOCIAL WELFARE
TRAINING**